



THE CAPTAIN'S LOG

A WEEKLY NEWSLETTER

Issue 3 : 14th September 2020



JUNIOR TASTER SESSION

a great start for new members

Mike Burrows and his band of coaches and helpers held the first Learn To Row taster session in the Covid period. A limited group of juniors were invited to give rowing a go. The weather was ideal, all went extremely well and a number of new members are being signed up. They are very quick learners and will no doubt prove themselves when they learn to race in the future.

Norwich Rowing Club has a great history of producing quality juniors that certainly enjoy rowing and know how to win at local, national and international levels. There's no club in Norfolk with a better record of producing champions. Let's hope the new arrivals will go down the well-worn NRC pathway to success.

A big welcome to all of them.

Thanks and well done must go to **Mike Burrows, David Wynne, Nigel Kippin, Ian Hall, Megan and Will** for all their help and inspiring the next generation of NRC rowers.

Latest Covid news, advice and guidance

Just issued - today 14th September

BR clarifies the effect of the new Government Guidance

Organised sport, including rowing, is exempt from the new limitations on group sizes, however, clubs should remain vigilant and consider how the new rules may affect other parts of their activities.

BR has clarified that new legal limitations on group sizes in England will not affect sporting activity and as such no changes will be made. This is because a club following their guidance will have appropriate COVID-secure precautions in place. Group sizes and mixing between different groups should be kept to a minimum. No groups larger than six should be meeting inside the club's social facilities.

Our current systems do comply with BR and Government rules and must be adhered to at all times. This includes sanitising equipment, track & tracing systems (online booking, recording all rowers' names in outing books in the boathouses etc) + social distancing at all times.

Congratulations - last Sat & Sunday

Although, in fact possibly because, I was not there everything went very well again on Saturday at the quayheading. More 4's & quads were out on the water on the river but no 8's yet.

Blue paper towels have also been provided to help wiping down the boats after you have sanitised them. Please make sure the towels go in the bin rather than ending up on the floor!

Fancy racing in Turin?



Mike Bond and Vigi Audinis are planning to race in Turin in the not too distant future. It is in 1x's and sounds great fun and a bit of a European adventure. If you want more information contact Mike Bond direct.

Booking Form - a bit of a trial!

As we all now know, keeping the booking form going is vital to ensure crews go out correctly and on time whilst maintaining BR Covid-19 compliance. The system is definitely clunky and frankly not much fun.

In the short-term can you carry on as currently happening. I have now been tasked to contact the other schools and UEA to find out when they plan to go out during the week and on Sundays so that we can arrange our 'off peak period' week day outings around them. As we are allowed up to 12 on the quay heading at any one time there should be enough times during the days and at night to match any of our requirements.

When I have the information and agreement I will be in touch and the timetables amended.

Annual Subscriptions

As announced before, all the membership and racking fees are remaining the same as last year. People are now using the British Rowing ClubHub system to pay their fees. It is proving to be successful and easy to use.

If you have any problems do not hesitate to call or email Tom Hockley, NRC's Membership Secretary.



Jackie Baker - Super athlete

Last weekend, Jackie Baker set us all a fantastic example. Not only did she complete a full Paddy's Run (14k or approx 10 miles) in her sculling boat she then completed a 40 mile charity cycle ride to raise funds for Norfolk Churches!

Congratulations Jackie - that is very impressive and sets a very high bar for us all!

A story from the river!

I am going to try to publish a short, amusing and interesting story about rowing, water or clubs in every edition of the Captain's Log. They will have been sent in by members so I can't verify their accuracy but they are very likely to bring a smile.

So here goes....from Mike Bond

A week or so ago, Mike Bond had just sculled under the road bridge and was just ahead of Nigel Kippin. Mike looked up and saw a drone hovering above his head over the river. As he looked up the drone suddenly dropped out of the sky (just missing Nigel) and 'plopped' into the water. The drone hesitated a short tantalising while floating in the river and then sank before Nigel had time to reach it.

Anybody fancying retrieving the drone contact Mike Bond but be warned, he might try to claim 50% salvage rights on any money made!

SITUATIONS VACANT

The club urgently requires volunteers to fill these 2 important positions:

1) L2R/ Development Squad Captain

We have a number of volunteers that will help with this very important squad but we need someone willing to manage and develop it.

2) Welfare Officer

This position has newly become vacant and we need to appoint a replacement.

If you are interested yourself or know of anyone that might be interested in either of these positions please let me know as soon as possible.

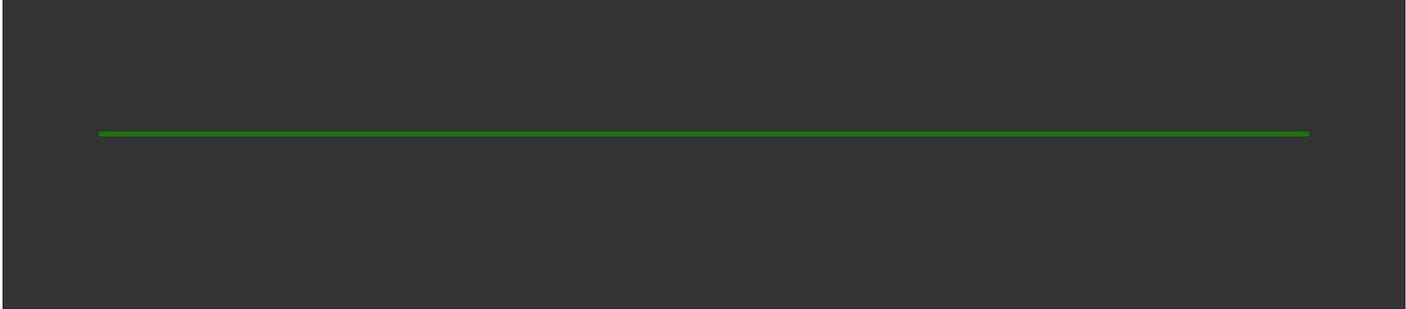
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